

TAKE A LOAD OFF

We are currently in the third week of our series called total forgiveness. Week one we explored loosening your grip on grudges, and week two we looked at paying it forward in a life of forgiveness. This morning, I want to discuss the rhythm of forgiveness.

Matthew 11:28-30 – “Are you tired? Worn out? Burned out on religion? Come to me. Get away with me and you’ll recover your life. I’ll show you how to take a real rest. Walk with me and work with me – watch how I do it. Learn the unforced rhythms of grace. I won’t lay anything heavy or ill-fitting on you. Keep Company with me and you’ll learn to live freely and lightly.” (MSG)

The yoke of Jesus that he offers to us is forgiveness.

SEE THE MONSTER!!

The greatest adversary in the life of a Christian is legalism

Matthew 11:28 - “...Are you burnt out on religion?...”

TCC- Legalism is an enemy of the cross... of His grace... it is an enemy of forgiveness

STOP FEEDING THE MONSTER

We feed the monster of legalism when we allow **unresolved conflict** to exist...

- **Matthew 5:25** "Make peace quickly with your opponent... (GW)
- **Ephesians 4:26**...do not let the sun go down on your wrath. (NKJV)

Matthew 18:34- We turn our self over to the tormentors.

KILL THE MONSTER

Six indicators you are walking in forgiveness

1. We stop talking about it
2. We stop fighting with them
3. You will not allow them to fear you
4. You will not let them feel guilty
5. You will protect their self-esteem
6. You will pray for them

Luke 15:32 – We had to celebrate this happy day. For your brother was dead and has come back to life! He was lost, but now he is found!" " (NLT)